

# ***Academy of Creative Movement Yoga Studio***

Presents:

## **"Motion Potion"**



A Fun Movement Class on Fridays in July

Dates: July 10, 17, 24, 2009

Time: 7:00-8:00 p.m.

Cost: \$30 for all three sessions

**Pre-Registration is required. Class size is limited**

"Motion Potion" is a fun-filled class to help you recuperate from everyday stress and feel new vitality.

Rebalance your life and

"Dance Yourself Back to Harmony".

**Call 708-403-7225** for information or

Email: **[info@academyofcreativemovementyoga.com](mailto:info@academyofcreativemovementyoga.com)**

To register, fill out and return form below. All forms must be received by **July 9**.

Mail Payment to: Donna Furmanek, P.O. Box 154, Orland Park, Illinois, 60462.

Checks made payable to Donna Furmanek.

Name: \_\_\_\_\_

Address : \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_